

30 DAYS ROMANTICIZE YOUR LIFE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	DAY 1 Watch the sunrise with your morning coffee	DAY 2 Write a love letter to yourself	DAY 3 Create a playlist that makes you feel alive	DAY 4 Take a different route and notice new details	DAY 5 Buy yourself fresh flowers just because	DAY 6 Have a candlelit dinner, even if alone
DAY 7 Journal about three things that made you smile today	DAY 8 Dress up beautifully for no special reason	DAY 9 Read a chapter of a book in a cozy spot	DAY 10 Cook a meal slowly and savor every step	DAY 11 Take photos of beautiful small moments	DAY 12 Write down your dreams and aspirations	DAY 13 Have a solo picnic in a peaceful place
DAY 14 Watch the sunset and be fully present	DAY 15 Try a new café and people watch	DAY 16 Create a vision board of your dream life	DAY 17 Take a long bath with music and candles	DAY 18 Go for a walk without your phone	DAY 19 Write a list of things you love about your life	DAY 20 Bake something sweet and share it
DAY 21 Spend an hour doing something purely for joy	DAY 22 Stargaze and make a wish	DAY 23 Write poetry or prose about your feelings	DAY 24 Send a heartfelt message to someone you love	DAY 25 Dance alone to your favorite songs	DAY 26 Visit a museum or gallery and get inspired	DAY 27 Rearrange a space to feel fresh and new
DAY 28 Write about your happiest memory	DAY 29 Plan a future adventure to look forward to	DAY 30 Reflect on your journey and celebrate yourself				